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# Tell Your Cat You're Pregnant: An Essential Guide For Cat Owners Who Are Expecting A Baby (CD/Downloadable MP3s Not Included)

## Tell Your Cat You're Pregnant

An essential guide for cat owners  
who are expecting a baby



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## Synopsis

NOTE: If you are purchasing the PAPERBACK OR HARDCOVER version the downloadable MP3 baby and toy noises ARE included. If you are purchasing the KINDLE version the baby and toy noises are NOT included but links are provided to download and purchase the 13 tracks of baby and toy noises separately. Do you have a much-loved cat? Your 'fur kid'? Are you expecting or trying for a baby? Does your cat know? Do you want to learn how to prepare your cat for your new baby? Tell Your Cat You're Pregnant is filled with easy-to-read, practical advice for creating a loving bond between your cat and new baby. This book provides the latest behavioral knowledge and extensive information about transitioning to a larger, harmonious family. It is a must-read for any cat-owning couple expecting a baby - your cat and baby's future relationship may just depend on it. Written by renowned veterinarian and behaviorist, Dr Kirkham has packed this book full of information, helpful tips and the latest behavioral knowledge. It is a must read for any dog owning family who is expecting a baby - your dog's and baby's future relationship may just depend on it. In this step-by-step guide you will learn how to: Prepare your cat for your baby; Accustom your cat to a variety of baby and toy sounds; Protect you and your baby from cat illnesses, including toxoplasmosis; Read and interpret your cat's body language; Introduce your cat and baby for the first time; Adjust your routine and the household to keep your cat calm; Know when you need professional assistance.

## Book Information

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## Customer Reviews

Finally about book that advocates the keeping of my cat when I was pregnant!! Many people told me that cats and babies don't go - this book discusses all these myths and all the supposed risks and thanks to this book "Mr Max" was very calm when my bub came home and is still a part of my family.

Extremely helpful

I bought the dog version of this book ("Tell Your Dog You're Pregnant") and only after I had read that great book i realized there was a cat version too. This book did not disapoint as well!! It was packed full of information I needed as I was a little worried about how Monty (my cat) would cope with the changes once my new baby arrived. The book is well set out with chapters on behaviour problems, smothering, health issues and heaps more. It also contains case studies of problems that th author has seen and how he helped those cat owners. Our biggest concern was how to stop Monty from going into the nursery when we weren't there and also he was had been scared of babies in the past. The book helped with both of these but also highlited so many other issues that I had not even thought of. I think lots of owners worry about their dog coping but I think cats can certainly have problems with a new arrival too and this book certainly addressed all of my worries. Highly Recommended!

As a pregnant veterinarian I would highly recommend this book. I learnt a great deal from it! There's a wealth of information from basic cat behaviour including types of aggression and manifestations of anxiety, to practical strategies to reduce the likelihood of behavioural issues once bub comes along. There is excellent health advice with regards to toxoplasmosis, I wish I'd read that chapter before I got pregnant! And the chapter on toileting issues would be valuable reading to all owners of such troublesome cats, pregnant or not! A very well researched, well written and informative read. I will certainly be recommending this book to my clients. Thank you Dr Kirkham!

I am a Vet Nurse and some years ago young clients came into the clinic with their Cat and Dog for their yearly physical. The young woman was excited to announce to us she was pregnant and keen to get some tips on making sure her pets would not be adversely affected in any way. You see, well meaning relatives had been telling her horror stories that now she was pregnant she would have to get rid of her pets! Now she knew this was not the case and wished there was some reference she could look at to acclimatise her dog and her cat to the impending arrival. They were my very first customers for Dr Lewis Kirkham's Tell Your Dog You're Pregnant! It is now with much excitement I can direct people to Kirkham's second book Tell Your Cat You're Pregnant. Larger than the original "lets face it, cats are more complicated creatures than dogs (no offense intended) Kirkham has taken the time to not only write this amazing guide for expectant (human) parents on how to enable their fur children to adjust to having new human siblings in the home. Even the pregnancy can be a big deal to our pets and Kirkham addresses all new parents concerns. Not only that but he has collated important sounds that might cause concern for your cat so you can condition the pets to these noises. This book is well written and easy to read and full of practical advice for creating a loving bond between your cat and new baby. The book includes the latest behavioural knowledge and extensive information about transitioning to a larger, harmonious family. It is a must read for any cat owning couple who is expecting a baby " your cat's and baby's future relationship may just depend on it. Vital things you can learn from the book include preparing your cat for the baby and accustoming your cat to a variety of baby and toy sounds. You can learn to protect you and your baby from cat illnesses, including toxoplasmosis, read and interpret your cat's body language, adjust your routine and the household to keep your cat calm and how to introduce your cat and baby for the first time. A baby makes many different noises and your cat needs to be familiar with new sounds ranging from crying to giggling; sneezing to splashing in the bath; as well as all those noisy toys. Prepare your cat for these new sounds with this step-by-step guide and baby and toy noises. All expectant parents should consider reading and utilising both books!

Review by Dr Robert Stabler, Veterinary Behaviourist Cardiff NSW 2285 Australia  
Becoming a parent is both a joy and a challenge and seeking wise counsel from credible sources will help cat owners acclimatise their fur-family companions (ie cat) to their first-born child. In "Tell Your Cat You're Pregnant", Dr Lewis Kirkham has drawn on his training and experience as a Veterinarian and an Animal Behaviourist to do just this. The book is well-researched, easy to read

and well laid out, containing chapters such as "Common Myths and Problems" and "Supervising, Separating and Training". Other topics include a step-by-step program to help your cat adjust to baby noises and preventative health care routines for your cat and your home which will help with the unpredictability of a newborn's schedule. Dr Kirkham also explains the risks of Toxoplasmosis. Good quality photographs enhance the reading and learning experience. Learning to observe and understand your cat's body language and mood is a key pet parenting principle, and this book details specific ways to prepare your home and routines in the best way possible to encourage your feline companion to feel comfortable and enjoy your new arrival as much as you will.

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